

# EPIBIL<sup>®</sup>-20

(Bilastine 20 mg Tablet)

**Composition:**

**Each uncoated tablet contains:**

Bilastine..... 20mg

Excipients... .....q.s.

**Clinical Pharmacology:**

Bilastine is an antihistamine; its principal effects are mediated via selective inhibition of peripheral H1 receptors. The antihistaminic activity of bilastine has been documented in a variety of animal and human models. It shows moderate to high affinity for histamine H1-receptors and no affinity for muscarinic, serotonergic, dopaminergic and noradrenergic receptors. Bilastine has been demonstrated to have limited distribution to the brain following oral administration.

**Indication:**

- Seasonal Allergic Rhinitis
- Chronic Spontaneous Urticaria
- Allergic rhino conjunctivitis

**Contraindications:**

- Hypersensitivity to bilastine or to any ingredient in the formulation or component of the container.

**Precautions & Warning:**

- Bilastine should not be used in patients with a history of QTc prolongation and/or torsade de pointes, including congenital long QT syndromes.
- The concurrent use of Bilastine with other QTc prolonging drugs is not recommended.

**Drug interaction:**

- Ketoconazole and erythromycin concomitant administration of bilastine and ketoconazole or erythromycin increased bilastine AUC 2-fold and C<sub>max</sub> 2-3 fold. These changes can be explained by interaction with intestinal efflux transporters, since bilastine is a substrate for P-gp and not metabolized.
- Concomitant administration of Bilastine and diltiazem 60 mg increases C<sub>max</sub> of bilastine by 50%.

**Adverse effect:**

Headache, Lethargy, Somnolence, Electrocardiogram QT prolonged

**Caution:**

To be sold by retail on the prescription of a Registered Medical Practitioner only.

**Route of administration:** Oral

**Type of Dosage:** Tablet

**Dosage:** As directed by the Physician.

**Storage:**

Store protected from light & moisture at a temperature not exceeding 30°C.

**SCHEDULE H PRESCRIPTION DRUG-CAUTION:** Not to be sold retail without the prescription of a Registered Medical Practitioner.

**Presentation:** Epibil-20 is available as 10 X10 Tablets .

**Marketed By:**



*Soothing Touch of Life...*

(An ISO 9001:2015 Certified Co.)

[www.epionepharma.com](http://www.epionepharma.com)

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