

# EPIONE<sup>®</sup> 369

(Flax Seed Oil 500 mg Veg Capsule)

## Composition:

Each Veg Capsule Contains:

Flax seed oil.....500 mg  
Alpha Linolenic Acid ....250 mg  
Linolenic Acid ..... 50 mg  
Oleic Acid .....50 mg  
Excipients... ..... q.s.

## Clinical Pharmacology

Fatty acids serve as an important substrate for energy production. The most common mechanism of action for energy production derived from fatty acid metabolism is beta oxidation. Fatty acids are also important for membrane structure and function, as precursors for bioactive molecules (such as prostaglandins), and as regulators of gene expression

### Alpha Linolenic Acid

Alpha Linolenic Acid helps reduce heart disease and stroke by reducing cholesterol and triglyceride levels, enhancing the elasticity of blood vessels, and preventing the build-up of harmful fat deposits in the arteries. By finding a balance between omega-3 and omega-6 fatty acids, both substances can work together to promote health.

### Omega-9 fatty acids

Omega-9 fatty acids commonly referred to as monounsaturated fatty acids, can help reduce the risk of cardiovascular disease and stroke. Because omega-9 fatty acids have been shown to increase HDL cholesterol and decrease LDL (“bad”) cholesterol, they help eliminate plaque buildup in the arteries, which causes heart attack and stroke.

### **Indications**

Indicated in Cardiovascular disease, Infant health and development, Alzheimer’s disease, dementia, cognitive function, Age-related macular degeneration (AMD), Dry eye disease, Rheumatoid arthritis(RA)

### **Contraindications**

Contraindicated in patients with known hypersensitivity to omega 3, 6, 9 Fatty Acids.

### **Precautions and Warnings**

Use with caution in patients with known hypersensitivity to omega 3, 6, 9 Fatty Acids.

### **Drug Interactions**

Epione 369 may prolong bleeding time. Patients taking Epione 369 and an anticoagulant or other drug affecting coagulation (e.g., anti-platelet agents) should be monitored periodically.

### **Adverse effects**

The most common adverse reactions (incidence >3% and greater than placebo) were eructation, dyspepsia, and taste perversion.

### **Overdosage**

Causes Fat Overload Syndrome: vomiting, agitation

**Route of administration:** Oral.

**Type of Dosage form:** Capsule.

**Dosage:**

As directed by the Health Practitioner.

**Storage**

Store in cool and dry place, away from direct sunlight.

Keep out of reach of children

**Presentation:** Epione 369 Capsule available as 10x1 x 10 Capsules.

**Marketed By:**



**EPIONE PHARMACEUTICALS PVT.LTD.**

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